



By Solomon Barroa Rn

Createspace, United States, 2015 Paperback. Book Condition: New. 279x 216mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Mental Health is essential to every person. It enables productivity and quality of life. Every person has encountered a stressful situation from family, friends, school, workplace, and leisure areas. All aspects of human life contain challenges and never ending changes in everyday life situations. These changes result to adaptation, learning, and wisdom. A person who is unable to cope with this changes or challenges usually demonstrates anxiety or depression along with other symptoms of mental disorder. Mental health professionals such as psychiatrists, nurses, case workers, and psychiatric aides then provide treatment to the affected person. This book contains practice questions with rationales broadly and explicitly covering mental health and Psychiatric Nursing including theories of personality, defense mechanisms, psychosocial tasks, developmental disorders, anxiety disorders, affective disorders, organic brain syndromes, mood disorders, personality disorders, eating disorders, substance abuse disorders, schizophrenia, sexual issues, psychopharmacology, psychotherapy, therapeutic techniques of communication, and other important topics. It is not intended to reflect the exact questions of the Board examination. The author's intention is to provide effective review material for the reader. Various levels..



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