



The Little Black Book for Girlz: A Book on Healthy Sexuality

By St Stephen's Community House

Annick Press. Paperback / softback. Book Condition: new. BRAND NEW, The Little Black Book for Girlz: A Book on Healthy Sexuality, St Stephen's Community House, Check it out: not just a book about sex, but a look at girl culture by teenagers. No stuffy school textbook. No nosy adults. Just a diverse group of teen girls from a community youth project who had questions about sexuality. To find answers, they collected stories, poetry and artwork from other youth. They also interviewed frontline health experts to get solid facts about the personalities and pressures that young women have to deal with. It's a great mix of real-life examples and life-saving info. Topics include: Relationships Periods Sex Birth control Pregnancy Sexually transmitted infections/AIDS Sexual assault All the content has been vetted by doctors, and the book is endorsed by health professionals -- so girls know they're getting good info. There's also a section at the back with places to contact to find out more. It's all stuff that youth need to know, and it's all decked out in a compact, easy-to-browse zine style. The Little Black Book for Girlz is an important, take-anywhere empowerment guide. Girls shouldn't leave their teen years without...



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