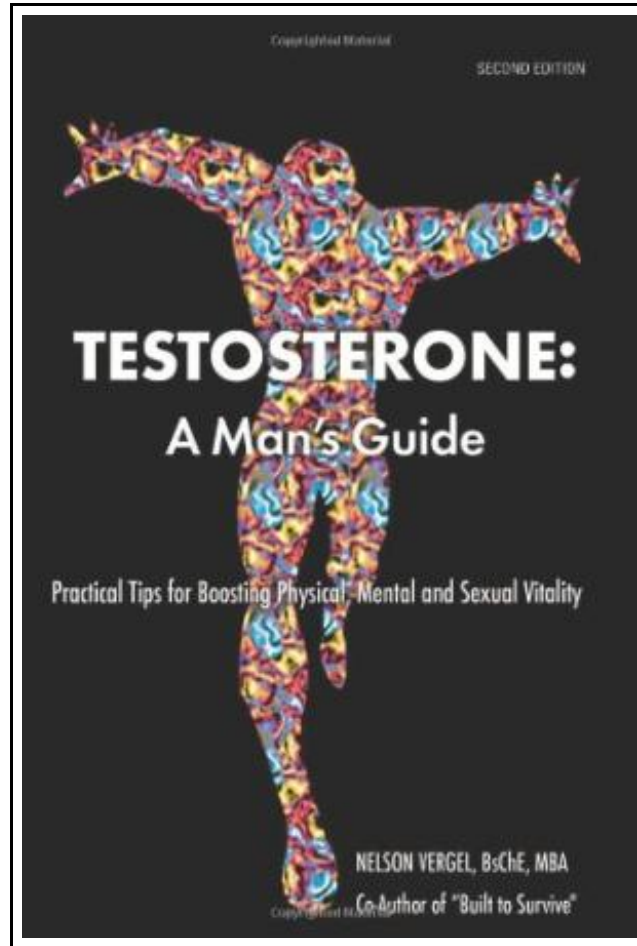


Testosterone: A Man's Guide



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Reviews

Here is the finest ebook i have got read until now. It really is simplistic but excitement within the 50 percent in the book. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Lupe Connelly)

TESTOSTERONE: A MAN S GUIDE



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Milestones Publishing, United States, 2011. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****. Are you experiencing fatigue and low or no sex drive?, do you seem to have less mental focus?, do you have less tolerance to stress and feel down?, is your body getting softer while you are gaining fat?, have you been exercising for months or years without improvements in your body?, you do not have the problems mentioned but you want to how to keep your testosterone within healthy ranges? Then, this book may be for you. You may be one of the 13 million men in the United States that are needlessly suffering from testosterone deficiency and not knowing it. This book will explain in clear and practical language the symptoms and treatments of testosterone deficiency to help determine if you are a good candidate for this therapy. Testosterone replacement therapy (TRT) can dramatically boost sex drive and function, strength, energy levels, mood, mental focus, and lean body mass while decreasing fat in men with testosterone deficiency syndrome (hypogonadism). However, it is not a therapy to start without proper knowledge about potential side effects and their management. There are several options for testosterone replacement available by prescription but many men do not know how to decide which is best for them. This book reviews all options from the author s point of view as an educated patient who has used all available options and has researched the current scientific data. Al myths and misconceptions surrounding testosterone are fully explained and resolved. After reading this book you will know: If you have low testosterone blood levels, what your best TRT option is more suitable for you, how to avoid the main mistakes that men make when...



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